



FOREIGN TRAVEL GUIDELINES

The following information is provided to outline the benefits available under the AZ Benefit Options plans administered by UMR and utilizing the following networks: Arizona Foundation for Medical Care, Beech Street, and RAN+AMN.

EPO Plan (RAN+AMN)

- Coverage is provided for emergency/urgent services, only.
- If you know you will need prescription medication while you are out of the country, you must arrange to obtain your medication prior to your departure from the U.S. WHI will arrange the appropriate approvals for you.
- Travel immunizations are covered for you and any covered dependents prior to departure from the U.S. if you are traveling for work related reasons. Travel immunizations are not covered for pleasure/vacation trips.

PPO Plans (AZ Foundation and Beech Street)

- Coverage is provided at the in-network benefit level for emergency/urgent services.
- Coverage is provided at the non-network benefit level for services that are not emergency/urgent.
- If you know you will need prescription medication while you are out of the country, you must arrange to obtain your medication prior to your departure from the U.S. WHI will arrange the appropriate approvals for you.
- Travel immunizations are covered for you and any covered dependents prior to departure from the U.S. if you are traveling for work related reasons. Travel immunizations are not covered for pleasure/vacation trips.

How to File Foreign Claims

- Submit all medical claims with the appropriate network claim form (available on the www.myazhealth.com website) to the address noted on your ID card. The claim must contain the following information:
 - The date the services were rendered;
 - An explanation of the diagnosis or symptoms;
 - A description of the services rendered; and
 - The cost for each service rendered. The cost must specify whether the amount is noted in U.S. currency or a foreign currency. If foreign, please note the currency type for proper current conversion to be calculated.
- Submit all prescription claims to the Walgreen's Health Initiatives, PO Box 691569, Orlando, FL. 32819-7819. The WHI claim form is available on the www.myazhealth.com website.
- Charges will be reimbursed to the member in U.S. currency. UMR will reimburse medical claims. WHI will reimburse prescription claims.

Questions? Call AZ Benefit Options - UMR Customer Service at 888.999.1459

If you are traveling out of the country due to the Sabbatical and you are employed by a University, please contact your benefit liaison for assistance.